

BREAKFAST BRIEFINGS (OF THE ELDERLY AND CAREGIVERS)

Deliverable D.C.6.1

Version 1

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1. Breakfast briefings (of the elderly and caregivers)

At the beginning of the period it was planned to organize a common breakfast in an informal way customised to the target groups of the Monitoring Grid.

The Monitoring Grid primarily appeals to people whose state of health is still so good that they can live alone in their own home. The persons addressed here therefore do not need the support of (home) care givers or family members. For this reason, family members or care givers should not be invited to this event. The main target group of this event were therefore the older people who take part in the pilot action and take on the role of interviewees.

The aim of this event was to get to know the participants and “their” interviewers, to get to know each other as well as to train elderlies about the Monitoring Grid and the Home Emergency Call. Unfortunately, due to Covid-19, it was not possible to organize such an event. For this reason, we decided to visit and brief each participant at home while adhering to all Covid-19 measures. In order to keep the number of visits as low as possible and thus also to reduce the risk of infection, all necessary installations¹ were also carried out during this briefing visit and the declarations of consent were signed². The training for the interviewers should be organized separately.

1.1. Summary

It was initially planned to organize a common breakfast in an informal way customized to the target groups of the Monitoring Grid. However, due to Covid-19, this was not possible. In order to be able to inform the target group in detail about the project, the Monitoring Grid and the pilot action, we decided to visit the target group in person in their home.

In February 2021, 13 elderly people living at home in Burgenland (NUTS Region AT11) were visited. These 13 people also represents the target group of the originally planned breakfast. During the visits, the participating people were trained in detail about the project and, in particular, about the Monitoring Grid and its functionality. In order to keep the number of visits as low as possible and thus reduce the risk of infection, the “service button” on the existing home emergency call devices was activated during these visits and the signatures for the declarations of consent were also obtained.

The expected effect was, above all, to provide the participants with extensive information about the project and in particular about the Monitoring Grid. The participants should know what the project is about and how the Monitoring Grid works. In addition, it was important for us to explain their role to them in detail and what is the added value for them. They were also assured that their data would be filled in in the Monitoring Grid under strict guidelines and safety precautions and that they could contact the project management team at any time if they have any questions. The signed declarations of consent and the activation of the service button on the existing home emergency calls provided added value.

The follow-up consisted in particular in the start of the pilot action, that means the start of the interviews. In addition, it was agreed that initial feedback would be obtained during further visits in July 2021.

A small selection of photos of the visits is shown in the annex.

¹ Activation of the “service button” on the Home Emergency Call devices. For more information about the installations please see D.T3.7.4 Installation and testing of technical devices.

² For more information please see D.T3.7.2 Engagement of test persons.

1.2. Date and place

Due to Covid-19 and the associated restrictions, the 13 participants were visited at home. As can be seen in Figure 1, the following regions were involved:

- NUTS Region 111 (Middle Burgenland)
- NUTS Region 112 (Northern Burgenland)
- NUTS Region 113 (South Burgenland)

The visits took place from February 9th to February 17th, 2021.

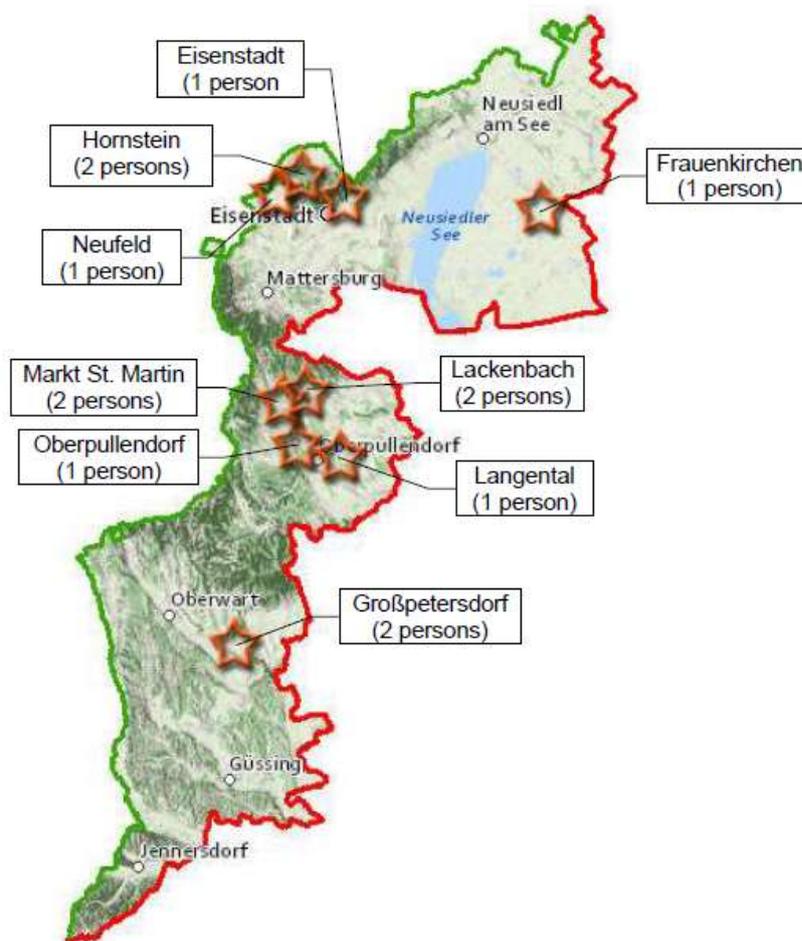


Figure 1: Regions visited in the course of the briefing

1.3. Number and types of participants/ target groups

In total, all 13 participants who had verbally agreed to participate in the project by December 2020 were visited. As already mentioned at the beginning, these are the future users of the Monitoring Grid and thus the target group for these visits.



1.4. Topics tackled and links to deliverables/ outputs

In the course of these personal visits the following three main **topics** were tackled:

- Briefing of the participants about the Monitoring Grid, the “service button”, the pilot action and the project in general. In particular, the following information was conveyed:
 - the most important benefits and principles of the project.
 - the functionality of the Monitoring Grid and the time span of the testing as well as the further procedure of the pilot.
 - that this phase is a pilot and that the Samaritan Burgenland Department of Home Care cannot give any guarantee for all measures taken. This is also anchored in the written consent.
 - the possibility that the data or the analysis of the data can also be viewed from the elderly themselves. However, only two of the thirteen participants visited wanted to make use of this opportunity.
- Signing the declaration of consent to engage the participants for the pilot action
- Activation of the “service button” on the home emergency calls

The results of the visits have been summarised in “D.T3.7.2 Engagement of test persons and consideration of legal aspects”, “D.T3.7.3 Report from briefing and training of test persons, home care givers and nurses” and “D.T3.7.4 Installation and testing of technical devices and applications”. These three deliverables contribute to “A.T3.7 Pilot testing of the “Monitoring grid” for the management of frail persons in Mittelburgenland”. A.T3.7 contributes to “O.T3.6 Pilot testing of the “Monitoring grid” for the management of frail persons in Mittelburgenland”.

1.5. Expected effects and follow up

The **expected effect** was, above all, to provide the participants with extensive information about the project and in particular about the Monitoring Grid. The participants should know what the project is about and how the Monitoring Grid works. In addition, it was important for us to explain their role to them in detail and what is the added value for them. They were also assured that their data would be filled in in the Monitoring Grid under strict guidelines and safety precautions and that they could contact the project management team at any time if they have any questions. The signed declarations of consent and the activation of the service button on the existing home emergency calls provided added value.

The **follow-up** consisted in particular in the start of the pilot action, that means the start of the interviews. In addition, it was agreed that initial feedback would be obtained during further visits in July 2021.

1.6. Annex





