



# TEMPLATE

Output factsheet: Strategies and action plans Version 1

Project index number and acronym	CE111 Focus IN CD
Lead partner	Municipality of Maribor
Output number and title	O.T4.1 Policy recommendations
Responsible partner (PP name and number)	PP3 E-institute
Project website	https://www.interreg-central.eu/Content.Node/Focus-IN- CD.html
Delivery date	31.05.2019

### Summary description of the strategy/action plan (developed and/or implemented)

Max. 2.000 characters

Policy recommendations provide key innovative solutions and services, some of them also tested in the framework of the project, how to improve management of coeliac disease in Central Europe countries, by offering quality health services to patients and also to reduce costs, by introducing and focusing more on preventive systemic measures in the future. Central Europe area health systems are still faced with similar knowledge, legal, organizational & management challenges in the field of supporting celiac disease patients.

1.Recommendations for improvement knowledge:

- accreditation of project e-tools materials at national Medical chambers to ensure quality and sustainable education of HCPs and patients
- formation of hospital &national food related disorders groups,
- national coeliac disease patients "Log-book",
- institutional support for gluten-free food producers,
- updated guidelines for the diagnosis of celiac disease
- guideline for the diagnosis of celiac disease among coeliac disease-risk groups.

2. Recommendations for improvement of organizational & management solutions

- transition clinics at all institutions managing children and adults with coeliac disease,
  - national coeliac disease patient registries,
  - ensuring routine follow-up for adult patients with coeliac disease,
  - promoting routine dietetic counselling for coeliac disease patients,
  - preventive program / screening of CD,
  - national dissemination and use of the celiac disease "patient passport",
- screening of first degree relatives of coeliac disease patients,
- gluten-free safe food in restaurants and hospitality services.

All suggested recommendations could minimize health complications of coeliac disease patients in long-term period of time, therefore are crucial to be taken into consideration.





#### 3. Legal recommendations

To ensure quality of life of coeliac disease patients, also legal framework conditions are relevant. Two policy recommendation are suggested:

- ensuring basic social rights (finance, material, immaterial) for patient of all age,
- reducing the value of added tax for gluten-free products.

### NUTS region(s) concerned by the strategy/action plan (relevant NUTS level)

Max. 500 characters

NUTS regions: SI, IT, HU, DE, HR.

The purpose of Policy recommendations is to identify potential activities for improvement the current conditions. First steps were already made in the framework of the project.

## Expected impact and benefits of the strategy/action plan for the concerned territories and target groups

Max. 1.000 characters

Expected impacts and benefits:

1. Set-up of systemic knowledge and capacity building of key partners & patients, that will enable continuous transfer of knowledge for key target groups in the field of celiac disease, that way knowledge gap will be closed. 2.Set-up of needed organizational & management solutions, which are more focused on preventive measures and comprehensive solution, which in the long-term can improve the economic aspect of management of celiac disease.

3. Changes in legal framework, by including the same rights for children and adult patients.

Main target groups: policy stakeholders, healthcare professionals and health institutions, Institutions responsible for health policy development, national health programme's implementation (preventive and monitoring), NGO's & societies, education institutions, schools and kindergartens.

# Sustainability of the developed or implemented strategy/action plan and its transferability to other territories and stakeholders

#### Max. 1000 characters

Policy recommendation were prepared upon results of testing project e-tools and ICT App of health professionals, e-tool for patients and testing of 10 pilot services. All relevant stakeholders participated in their development and testing, therefore they support suggested policy recommendations with letters of support, prepared upon all these project experiences.

Partnership presented the needed recommendations and results of project work through implementation of transfer workshops with non-partner regions. Workshops were held in Zagreb, Croatia, Berlin, Germany, Szczecin, Poland, Prague, Czech Republic, Kosice, Slovakia.

Lessons learned from the development/implementation process of the strategy/action plan and added value of transnational cooperation





Max. 1000 characters

Although, at first we asked partner country to introduce and emphasized specific policy recommendations for their region/country, when drafting policy recommendation, we learned that Central Europe area health systems are faced with similar knowledge, legal, organizational & management challenges in the field of supporting celiac disease patients. Transnational approach provided very good learning platform, how to solve/improve remained challenges, on EU level, when project activities were presented, impact was more relevant, sharing the experience of five countries.

### References to relevant deliverables and web-links If applicable, pictures or images to be provided as annex

Max. 1.000 characters

D.T4.1.1 Roadmap of developed management model

D.T4.1.2 Transnational report about tested model in involved regions

D.T4.2.1 Policy recommendation

D.T4.3.1 Organization of knowledge transfer workshop with identified non-partner region