

# niCE-life Newsflash Nr. 12

## Pilot testing of the “Monitoring Grid” for the management of frail persons in Burgenland” (O.T3.6)



### MONITORING GRID

- Online platform enabling elderly people to live a long and independent life at home for as long as possible by regularly monitoring their state of health and taking appropriate measures in the event of deterioration.
- A tool effectively addressing the issue of demographic change and rising costs in the health system.

niCE-life  
Development of an integrated concept for the deployment of innovative technologies and services allowing independent living of frail elderly



### Project partners

- Petržalka Municipal District of Bratislava - the Capital of Slovakia (Lead partner)
- Brno University of Technology, CZ
- The University Hospital Olomouc, CZ
- Slovak University of Technology in Bratislava, SK
- LEPIDA SCPA, IT
- Local Health Authority of Bologna, IT
- Institute for elderly care and shelter, IT
- Samaritan Burgenland, Department of Home Care, AT
- The City of Warsaw, PL
- National Institute of Public Health, SI



## Pilot testing of the Monitoring grid



“ The monitoring grid was jointly developed at the Brno University of Technology, CZ together with Samaritan Burgenland and tested in several regions of Burgenland, Austria (Northern, Middle and Southern Burgenland). ”

### GOAL OF THE PILOT TESTING

- To verify the functionality of the Monitoring Grid in practice in a long term
- To find out, whether the Monitoring Grid can also be used in Burgenland or Austria in the future
- To determine its user friendliness and technical acceptance by the main target group (frail elderly)
- To verify, whether the quality of life through participation has increased and social isolation decreased.

### BENEFITS

- Politics, society: Relief of the health system
- Elderly people: Ability to stay at home longer, have more information about their own health status, have a contact person who has medical/ nursing knowledge
- Doctors/ Professionals: Follow-up treatments have an extensive anamnesis which is based on long-term information
- Community Health Nurses: based on its further adaptation can be used by them for monitoring of discharged persons from hospitalization where further observation is required.

FIND MORE ABOUT niCE-life  
Project webpage: <https://www.interreg-central.eu/Content.Node/niCE-life.html>  
Facebook: <https://www.facebook.com/nice.life.interreg/>  
Twitter: <https://twitter.com/niceLifeCE>