

## D.T 2.2.1 REGIONAL WORKSHOPS

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Report - Digital skills for all  
POLAND

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Version 1  
10/2021





## Name of the event, implementing date and place

Workshops for the community: Industry 4.0 in everyday life

Date: 07. 10. 2021

Place: FabLab Bielsko-Biała, ul. Cieszyńska 365, 43-382 Bielsko-Biała

### 1. Number and types of participants/target groups

Digital Skills 4 All workshops were prepared for the representatives of the local community, especially for elder people. We gathered the participants through an on-line campaign in social media and newsletter sent out to our database. Additionally, we have reached our contacts in the seniors' associations and Senior University and disseminate promotional materials in local NGOs like social cooperatives.

As a result, we gathered **12 participants** - which due to COVID-19 limitations and our room capacity was both satisfying as well as in line with assumptions.

### 2. Topics tackled and links to deliverables, outputs

The workshop was conducted in the frame of D.T2.2.1 deliverable - Digital Skills for All. Its scope was to show the possibilities of Industry 4.0 technologies to citizens to enable them to play an active role in a digital context of society.

Our main focus was to develop seniors with the technological knowledge and skills that will facilitate their everyday lives. Due to COVID-19 pandemic the digital transformation of all sectors, including daily routine, has significantly accelerated. Many activities were forced to change in the virtual dimension, including medicine that is very important for elderly people, and even if the pandemic is over, many of them will remain in this area. This is why we decided to dedicate Digital Skills for All workshops for the elderly people, that might not be as fluent and prepared for this revolution as the new reality forced them to be. On the other hand, we wanted to show them, that many of the technologies that seems very complicated by name, are often used by them but they aren't aware of it.

We have hired an external expert to conduct this workshop - it was Marcin Otrębski, Industry 4.0 expert.

During the workshops, we have tackled following topics:

- Cutting-edge technologies in everyday life
- What does it mean to be smart?
- Safe on-line banking
- E-visit, E-prescription - why you shouldn't be afraid of it?



### 3. Expected effects and follow up

Due to current circumstances (COVID-19) digital skills are more important than ever. Trainings are intended to acquire knowledge in the field of intergenerational knowledge transfer in between different age groups, which is also associated with the creation of effective systems of mentoring, crucial for the transition to Industry 4.0.

Participants were introduced to the needed competencies for digitization. The attendees had a chance to share their experiences with this new reality and had a chance to think about changing the way of operating in the digital age.

### 4. Annexes: e.g. agenda of the event, pictures, media coverage web- links etc

4.1. Event Invitation (PDF)

4.2. Event poster (PDF)

4.3. Pictures

4.4. Newsletter